Miss Mabel M Saw

Qualifications	1985 1993 2016 2016	B.Ch.D (Leeds), MGDS part 1 (RCS London), Pg Cert. Dental Law & Ethics (Bedfordshire), Cardiff University Bond Solon Expert Witness Certificate
GDC Associate Committee Work Principal Associate Clinical Advisor Expert Witness	2005-2018 2018 – date 2016 – date	60530 NHS / Private, various practices, London & Cambridgeshire Member of Redbridge and Barkingside LDC Private, Burwell, Cambridgeshire Private, Burwell, Cambridgeshire General Dental Council General Dental Council, Dental Protection, Dental Defence Union

Brief summary of skills acquired through general practice

I have been in general practice since 1986, both on the NHS and private sector. As an associate, I had to constantly prove myself to my patients and also to the staff who considered me too young and inexperienced. I found out very quickly that no patient would ever discover what a great dentist I was if they did not trust me in the first place. And so, I developed good communication skills:

In 2005 I had the opportunity to buy a practice and found myself rapidly bogged down with stress as I juggled staff issues, compliance, family commitments and clinical work. It dawned on me that despite achieving my dream of owning a practice, it was not quite the rosy scene that I had imagined it to be. I was fortunate enough to have someone by my side to coach me and realised that although I had a clear vision of where I wanted to aspire to be, I needed help to make it happen.

I was encouraged to have the audacity to express my dreams and then guided on the first steps towards this goal. Although I had to make very difficult choices, I knew they were the right decisions. I was then able to set up systems in place to move forward and I was finally enjoying dentistry again.

Since then I have been using my experience in supporting staff and colleagues through different life crises including anxiety, depression and domestic abuse to reach their potential in achieving their own goals. Some have since changed their career; others had moved on to buy a practice.

In 2016 I became a Clinical Adviser and Expert Witness after completing the Pg Cert in Dental Law and Ethics and the Cardiff University Bond Solon Expert Witness certificate. I have since been writing reports relating to various issues including underperformance, poor standards of clinical work, record keeping, fraud and consent. It became obvious that there were many complaints involving dentists who had been slow to maintain standards

(mainly through fear of change) and/or those who had poor communication skills who then failed to build patients' trust. I realised that the vast majority of the complaints could have been avoided with very simple steps. Prevention is fundamental, just as in clinical dentistry.

I aim to use my experience to inspire and support you along your journey to a future that you dare to dream of.