



# KAREN SUTTON

Dentist, coach, educator

## EDUCATION

- Market Bosworth High School, Leicester. 1982-1985
- Countesthorpe College, Leicester 1985-1989 (13 O-Levels, 3 A-Levels)
- The University of Birmingham 1989-1993

## PROFESSIONAL QUALIFICATIONS

- Bachelor of Dental Surgery- University of Birmingham BDS 1993
- Membership of the Faculty of General Dental Practitioners MFGDP (UK) 2002
- Diploma in Postgraduate Dental Studies via BUOLD DPDS 2008
- Awarded Marsh Midda Prize in Periodontology from Bristol University 2007
- 1 year contemporary restorative and cosmetic dentistry course (Smile Concepts with Dominic Hassall) 2010/1
- Inhalation sedation training ( intercollegiate advisory committee guidelines) with The RA Coach 2016
- Postgraduate Certificate in Leadership Coaching and Mentoring Level 7 CMI with Dental Coaching Academy 2019

## EMPLOYMENT

- Dental Associate Beacon Dental Care, Malvern, Worcestershire July 2015- present
- Owner and Principal Dentist Beacon DentalCare 2007-2015
- Associate Dentist at Pickersleigh House Dental Practice, Malvern 2001-2007
- Associate Dentist Broad Street Dental Surgery, Hereford 1997-2001
- Vocational Trainee and Associate Dentist at The White Practice, Longbridge, Birmingham 1993-1997
- Part time Clinical lecturer at Birmingham Dental School 1996-1999

Leadership Coach and Mentor helping guide healthcare professionals through life's challenges towards the future they seek.

Speaker at professional events on marketing for dental practices, values based leadership, and charity alignment.

My professional practice is focussed on working with dental phobics to help them overcome their fears and get the care they deserve. I have my own website with practical tips to help [www.nofearhere.co.uk](http://www.nofearhere.co.uk).

My other passion is for integrated mouth health, recognising the relationship of a healthy lifestyle including diet, sleep, exercise and personal resilience with a healthy smile for life.

I am a trustee of a local charity Malvern Community Action, who provide transport and support to older individuals in my community.

I have been a keen runner since the age of 41, raising funds for Malvern Community Action by taking part in endurance events.

I am a Morris dancer and am proud to have appeared on TV several times in my role as 'The Fool' of Jenny Pipes' Morris Dancers.

## Contact Information

GDC Number: 69490

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