



KAREN SUTTON

Dentist, Coach, Educator

EDUCATION

- Market Bosworth High School, Leicester. 1982-1985
- Countesthorpe College, Leicester 1985-1989 (13 O-Levels, 3 A-Levels)
- The University of Birmingham 1989-1993

PROFESSIONAL QUALIFICATIONS

- Bachelor of Dental Surgery- University of Birmingham BDS 1993
- Membership of the Faculty of General Dental Practitioners MFGDP (UK) 2002
- Diploma in Postgraduate Dental Studies via BUOLD DPDS 2008
- Awarded Marsh Midda Prize in Periodontology from Bristol University 2007
- 1 year contemporary restorative and cosmetic dentistry course (Smile Concepts with Dominic Hassall) 2010/1
- Inhalation sedation training (intercollegiate advisory committee guidelines) with The RA Coach 2016
- Postgraduate Certificate in Leadership Coaching and Mentoring Level 7 CMI with Dental Coaching Academy 2019

EMPLOYMENT

- Dental Associate Beacon Dental Care, Malvern, Worcestershire July 2015- present
- Owner and Principal Dentist Beacon DentalCare 2007-2015
- Associate Dentist at Pickersleigh House Dental Practice, Malvern 2001-2007
- Associate Dentist Broad Street Dental Surgery, Hereford 1997-2001
- Vocational Trainee and Associate Dentist at The White Practice, Longbridge, Birmingham 1993-1997
- Part time Clinical lecturer at Birmingham Dental School 1996-1999

My professional practice is focussed on working with dental phobics to help them overcome their fears and get the care they deserve. I have my own website with practical tips to help as well as information on my mentor services.

www.karensuttontdentist.com

My other passion is for integrated mouth health, recognising the relationship of a healthy lifestyle including diet, sleep, exercise and personal resilience with a healthy smile for life.

Former trustee of local charity Malvern Community Action, who provide transport and support to older individuals in my community.

I took up running at 41 and enjoy pushing my physical boundaries, raising money for local charities by doing a 50Km run and climbing Kilimanjaro amongst other events.

I am a Morris dancer and am proud to have appeared on TV several times in my role as 'The Fool' of Jenny Pipes' Morris Dancers.

Contact Information

GDC Number: 69490

Work Address: Beacon DentalCare, 5 Pickersleigh Rd, Malvern, WR14 2RP

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Leadership Coach and Mentor helping guide professionals through life's challenges towards the future they seek.

- **Coaching for Excellence** wherever you are in your dental career. Get the life you want in work and out.
- **Challenge Mentoring** for Dentists in Difficulty. PDP guidance, reflection and awareness to help you get past your current situation.
- **Development Advisor** after GDC conditions imposed. When you need a guiding hand and a listening ear to help you get back on track.
- **Workplace Supervisor** giving you the practical tools to develop your knowledge and skills

Speaker at professional events on marketing for dental practices, values-based leadership, and charity alignment.