

Curriculum Vitae

Name: Charlotte Wake

Professional and Academic Qualifications

PgCert Dental Education
(Distinction) at University of
Bedfordshire. 2021-2022

Dental Law and Ethics Master's
Degree from University of
Bedfordshire 2018.

Diploma in Dental Therapy 2005
from Queen Mary University, Bart's
and the Royal London
Diploma in Dental Hygiene 2005
from Queen Mary University, Bart's
and the Royal London

Dental Nursing National Certificate
(Merit) 2002

Professional Registration

General Dental Council as a Dental Therapist and Dental Hygienist. GDC no.
6752

Work History

I am a self-employed Dental Hygienist and Therapist since qualifying in 2005.

I am a Visiting Lecturer at University of Bedfordshire since 2020 and teach postgraduate courses involving Dental Law and Ethics, Dental and Medical Education. I am a supervisor for master's degree dissertations.

I have previously supported Nursing Associates with their academic skills.

I am a freelance dental writer, having contributed to several dental publications.

External Professional Activities

My profile is in the book “100 years of women in the dental profession in the UK”. Brooks, J., 2019. *100 years of women in the dental profession in the UK, 1918-2018*. 1st ed.

Awards; Communication Award upon qualifying (Queen Mary University) 2006 (Molar)
Best Clinical Therapist Award upon qualifying (Queen Mary University) 2006 (Oral B)
Winner of Dental Therapist of the Year (Smile Awards) 2011
Finalist for Dental Therapist of the Year (Smile Awards) 2007

Teaching Interests

I am interested in teaching medical professionals Academic Skills and Oral health. I have a particular interest in Mentoring and enjoy facilitating student’s learning. I am started my PhD at the University of Bedfordshire in October 2023, part time, with the topic of Mentorship in Dentistry.

Research Interests

I have undertaken research into Dental Hygienists and Therapists perception of their Professional Identity and their positioning within the dental team in 2018. I am currently researching mentorship in dentistry as my PhD.

Publications (A sample)

Wake, C., 2023. Social media and what it means for you. *Dental Nursing*, 19(1), pp.20-21.

Wassif, H. S. and Wake, C. (2022) Mentoring at times of crises, Personal reflections on mentoring relationships during Covid19. *European Journal of Dental Education* DOI: 10.1111/eje.12804

Wake, C., 2022. Teaching a fellow dental nurse. *Dental Nursing*, 18(8), pp.389-391

Wake, C., 2022. Confidentiality and social media. *Dental Nursing*, 18(6), pp.274-276.

Wake, C., 2021. Know your worth. *Dental Nursing*, 17(8), pp.372-373.

Wake, C., 2019. Uniforms in dentistry—do they define us?. *Dental Nursing*, 15(6), pp.274-275.

Wake, C., 2019. Hay fever, allergies and the joys of summer!. *Dental Nursing*, 15(5), pp.244-245.

Wake, C., 2019. An ocean of opportunity. *Dental Nursing*, 15(7), pp.340-341.

Wake, C., 2018. Under the umbrella of dementia. *Dental Nursing*, 14(3), pp.136-137.

Wake, C., 2018. Hey presto!. *Dental Nursing*, 14(3), pp.126-127.

Wake, C., 2018. Pregnancy—a happy but hormonal time!. *Dental Nursing*, 14(4), pp.172-173.

Wake, C., 2018. Is it professional burnout or stress?. *Dental Nursing*, 14(8),

pp.372-373.

Wake, C., 2017. A sign of the times?. *Dental Nursing*, 13(11), pp.528-529.

Wake, C. and H. S. Wassif., 2017 Paternalism in Practice. *Oral Health*, Oct, 50 - 52.

Wassif, H. S. and Wake, C. 2017 Caring when no one is watching. *Oral Health*, Dec, 25 – 26

Wake, C., 2017. Oral health: filling the gap. *Dental Nursing*, 13(1), pp.26-27.

Wake, C., 2017. Find time to start Stoptober. *Dental Nursing*, 13(10), pp.476-477.

Wake, C., 2017. Age is just a number. *Dental Nursing*, 13(6), pp.276-277.

Wake, C., 2017. Prevent. Refresh. Reinvigorate. *Dental Nursing*, 13(5), pp.228-229.

Wake, C., 2017. CPD—quality or quantity?. *Dental Nursing*, 13(4), pp.186-187.

Wake, C., 2016. Be a dental nurse, be a sober hero!. *Dental Nursing*, 12(10), pp.548-549.

Wake, C., 2016. A dental nurse's role in... oral health. *Dental Nursing*, 12(9), pp.508-509.

Wake, C., 2016. What is a professional?. *Dental Nursing*, 12(8), pp.428-429.

Wake, C., 2016. What is a vulnerable adult?. *Dental Nursing*, 12(7), pp.380-381.

Wake, C., 2016. Communication—top of the list?. *Dental Nursing*, 12(6), pp.352-353.

Wake, C., 2014. Direct Access for Dental Therapists and Hygienists—When do We Refer?. *Primary Dental Journal*, 3(2), pp.77-79.