

Mireille L Jackman

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Profile:

Demonstrating excellent skills in communication, management, and planning, I am able to converse with clinicians and patients at a level of language appropriate to levels of understanding.

I am comfortable working to targets and am adaptable to change. I have a consistently good work record. Professional and clear thinking, I enjoy being part of a team.

I have over 30 years of clinical experience, including experience in teaching, coaching & mentoring and presenting to small groups and individuals.

Health Improvement, through preventative advice and encouragement, is a driving force in my work. I provide high quality care to patients.

Achievements:

Secured first prize in the Stafford Miller Student Hygienist Award in 1990.

Appointed President of the Hong Kong Dental Hygienist Association in 1995.

Selected to promote the Hong Kong Dental Hygienist Association in the capacity as President for two years until 1997.

Designed and introduced an out-patient Consultant Orthodontist and Oral Surgery clinic.

Successfully implemented and facilitated a Consultant out-patient clinic program.

Was selected to contribute to a successful exchange exercise program with the United States Army in 1996.

Promoted to Sergeant in 1997.

Regularly participate in the BSDHT Continuing Education Program.

Community Activities:

School Governor.

Committee member for our village action group & a volunteer for our community garden project.

Oral Health Education sessions at local primary schools.

Delivering Oral Health Education to Arthritis UK (North East Regional Group) and to Lupus UK (North East Regional Group).

Life-long Learning Coordinator for a study group.

Support F.A.C.T. A North East based charity that works with patients and families on their cancer journey.

Hobbies:

I am a Pilates practitioner and I have an interest in Homeopathy & Complementary Therapies. I like travelling, reading, going to the cinema and walking. I am a keen amateur photographer and I live in a rural location in North Durham with my two teenage sons, and a very large dog.

Experience:

August 2018 – present

Professional Educator & Independent Consultant on Behalf of WaterPik

Self Employed Dental Hygienist Ongoing

I provide sickness and locum cover where needed at short notice, and for longer term maternity cover in NHS and Private practices that request my level of experience and patient care.

November 2016 - present

Clinical Supervisor at Teesside University in the School of Health & Social Care Student Dental Facility

Teaching clinical skills, providing guidance, and mentoring the students on the BSc (Hons) Dental Hygiene & Dental Therapy Course, and interviewing candidates that apply to train.

Self-Employed Dental Hygienist May 2007 – October 2016

County Durham, Berwick and Teesside

Dental Hygienist for a large group of independent practices in the North East, working in various locations from Berwick to Teesside.

Employed Dental Hygienist July 2004 – April 2007

Whickham Dental Practice, Gateshead

Working alongside a team of experienced dentists, providing clinical support, I managed patients, many of whom had a complex medical history and required a high level of expertise in treatment regimens.

Self Employed Dental Hygienist July 2000 – May 2004

County Durham, Newcastle, North Yorkshire & Teesside

Having left the Army in 2000, I successfully made the transition from Military to Civilian protocols in my work. I worked in a variety of Private and NHS practices, integrating the periodontal components of treatment prior to advanced restorative work in many cases.

Military Dental Hygienist (Private – Sergeant) 1991 – 2000

Military Dental Clerk/Assistant 1988 -1990

North Yorkshire, Humberside, Hampshire, Hong Kong, USA.

During my military career I designed and facilitated discussion groups for Army recruits with regard to oral hygiene, diet and smoking cessation.

I was an active member of, and elected President of, the Hong Kong Dental Hygienist Association. In this role, I was responsible for the planning and implementing bi –annual scientific meetings for association members, as well as hosting the FDI in 1995. I also had responsibility for teaching clinical sessions in the Dental Hospital on Hong Kong Island.

I continued to involve myself in various courses and professional learning seminars throughout my military service.

Education:

Army School of Dental Hygiene, Aldershot, Dental Hygienists Course, 1990 to 1991

New College, Framwellgate Moor, Durham, Dental Surgery Assistants Course, 1986 to 1988

Greenfield Comprehensive School, Newton Aycliffe, County Durham

'O'levels and GCE's, 1981 to 1986